

NAME _____ DATE _____
EMAIL _____ BIRTH DATE _____ MARITAL STATUS _____
ADDRESS _____ CITY _____
STATE _____ ZIP _____ PHONE _____ OK to leave a voice mail Yes () No ()

CREDIT CARD # (Phone Consultation Only) _____ EXP. _____

(Please understand that this credit card number will now be on file and used for future charges unless otherwise specified)

SPOUSE () PARTNER () PARENT'S () NAME _____
ADDRESS _____ CITY _____
STATE _____ ZIP _____ PHONE _____

EMPLOYMENT INFORMATION

EMPLOYER _____ OCCUPATION _____
ADDRESS _____
PHONE _____

EMERGENCY INFORMATION

IN CASE OF EMERGENCY, PLEASE NOTIFY: (FRIEND, NEIGHBOR OR FAMILY MEMBER NOT AT SAME ADDRESS)

NAME _____
ADDRESS _____
PHONE _____

OTHER INFORMATION

PHARMACY _____ PHONE _____

HOW DID YOU HEAR OF US? _____

ARE YOU CURRENTLY RECEIVING HEALTH CARE FROM OTHER PROFESSIONALS?

IF SO, WHOM? _____

PATIENT'S OR AUTHORIZED PERSON'S SIGNATURE I understand that I am responsible for payment at the time service is rendered. I also understand that I will be charged for appointments that are not cancelled within 24 hours. I further understand that I will be charged a maximum fee of \$20.00 for each returned check.

SIGNATURE _____ DATE _____

GENERAL:

Describe your general state of physical and emotional health:

Major illnesses and injuries:

Operations/Hospitalizations:

How much and in what form do you consume the following:

Tobacco	Alcohol	Caffeine
Recreational drugs	Avg. servings dairy/day	
Avg. servings red meat/week	Snack foods / refined sugars / artificial sweeteners	

Supplements (include dose per day) (If you need more space, please put on a separate piece of paper.)

List any medications you are taking:

Do you exercise regularly? (State frequency and type)

List allergies/reactions to medications, foods, plants, animals, chemicals, etc.

<u>Substance</u>	<u>Reaction</u>

Family History (Give age and state of health or cause of death)

Mother: _____ Father: _____

Brothers/Sisters: _____

Children: _____

For Women:

1st day of last period _____ Age periods first started _____

Age at menopause _____ Length of cycle _____

Do you have: [] irregular periods [] severe cramps [] spotting [] heavy bleeding [] premenstrual syndrome

(Check and describe)

Sexually active? _____ Current form of contraception _____

Number of pregnancies _____ Number of births _____

Any complications? (Describe)

Any other female problems?
